



## Transition's "Ten Day TLC Cleanse"

Welcome to Transitions, introducing "The Ten Day TLC Cleanse", an opportunity to give to your self-organic cooked soups, digestive supplemental support and cleansing through colonics provided in a safe and nurturing environment.

The following information covers the "Terms and Conditions" for the Ten Day TLC Cleanse".

1. Completion of our registration and deposit of \$500.00 holds your space. Your \$500 deposit is non-refundable 30 days prior to cleanse start date, but can be used towards other services. Final Payment due 30 days prior to cleanse, total amount due at this time is \$1,845. Cancellation Fee: 2 weeks prior to cleanse – 50% refund; After two weeks: Non-refundable unless able to rebook your space.
2. Your Deposit is non refundable. Yes, transferable and can be applied to future cleanse schedules, product and colonics if cancelled within the "no fee" cancellation policy.
3. Colonics are offered once a day for ten days. If you decide to cancel your colonic appointment on any given day within the ten-day period it is forfeited.
4. ATTENDANCE: Sessions are 35 to 45 minutes in duration. You are responsible for being here on time. If you are late for an appointment you will be honored for the allotted amount of time left within the scheduled time. If you are more than 20 minutes late your colonic will be forfeited for the given day.
5. In regards to your daily meals provided you will be responsible for picking up your "meals" at Transitions", before 12 noon if your colonic is scheduled after the noon hour. (Food will be delivered by 900am)
6. Included is a one and one half hour massage provided by Michael Macrae at Transitions, unless you are referred as a client from a personal massage practitioner. Keep in mind that you will probably need more than one massage.  
  
(Michael specializes in myofascial release and combines lymphatic massage and specific techniques that support detoxification. Schedule your general massage person accordingly. Consider a specialized treatment offered by Transitions. A one and a half hour session is included in the package price.)

7. Included products for the duration of the cleanse are:

- \* One bag of Psyllium and 1 bottle of Betonite
- \* Liver/Gallbladder Cleanse support products
- \* Soups meals twice daily
- \* Tender Loving Care

You are responsible for the following items:

1. Additional provided supplements if more is desired during the ten day cleanse.
2. Apple juice to mix the Betonite and Psyllium.
3. 10 gallons of purified water during the ten day cleanse
4. Additional foods: (that of which a baby could eat; such as yogurt, kefir, protein powders, juices, juicing, teas, etc.
5. Cleansing Kits are avail: Castor Oil Packs, Detoxification Herbs, Salt Scrubs available at extra cost to give you a more thorough experience. All available and packaged here at the spa for you.

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Client Signature

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Date